



#KPMG *joSh*

# Stepping into the sunlight: Navigating the lockdown

**A primer for business and industry**

20 May 2020

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# Disclaimer

This publication contains information obtained from government communiqués, the public domain or secondary sources.

The directives of the Central and State governments are evolving in real-time. We would be reviewing and updating this accordingly. This version was last updated on 20 May 2020.

Even with the extension of the lockdown, restrictions that have been imposed in various sectors and on various activities will continue to remain in force, unless explicitly superseded by the evolving guidelines.

# Foreword

The nationwide lockdown imposed in India on 25 March 2020 is now being eased in a carefully calibrated manner, to permit businesses and industries to get back on track, for enabling livelihoods, and for reinvigorating the economy. While the rigorous lockdown regime is starting to show results, we have to constantly remain on guard, especially given the size and the vulnerability of our population. An equally compelling requirement is the need to protect the livelihoods of those at the bottom of the pyramid.

Soon after the onset of this pandemic in India, the firm took the initiative to reach out to the union government, as well as to various state governments, offering our services, our specialized expertise and our solutions, for mapping and predicting its spread and for containing its effects. We are very proud to have stepped up to support governments in this hour of national need, and we continue to be at the heart of this campaign, not only at the centre, but also across nine states. Apart from epidemic control, our teams are also working tirelessly to ensure the frictionless flow of essential commodities, as well as to revive investments and the economic engine.

India, as well as other nations across the world, are confronting very complex dilemmas, and are having to make difficult choices: between the need to ensure the isolation and the insulation of the population from the virus, and the compulsion to enable people to resume their lives and livelihoods. In India, these decisions have additional layers of complexity-given the size of our population, the variety of our states, and the nature of our settlement patterns-particularly urban clustering. The government has chosen to ease lockdown restrictions in a very carefully calibrated manner, in an attempt to wisely balance these opposing compulsions.

We have attempted to compile this compendium of lockdown policies, regulations and guidelines, spanning those prescribed by the Union government as well as the various States and Union Territories (UTs)

It is hoped that this document will prove useful to businesses as well as to individuals in their efforts to restart their enterprises, taking into account the lockdown policy architecture, as applicable.

We are alive to the fact that these guidelines are dynamic, and we have tried to capture the situation and landscape as on 20 May 2020. We will attempt to update the document as the situation evolves.







This document also contains links to the appropriate authorities who are to be approached for obtaining necessary permissions.

We trust that this compendium will prove useful in these challenging times.



Elias George  
**Partner and Head**  
**Infrastructure, Government and Healthcare**  
KPMG in India

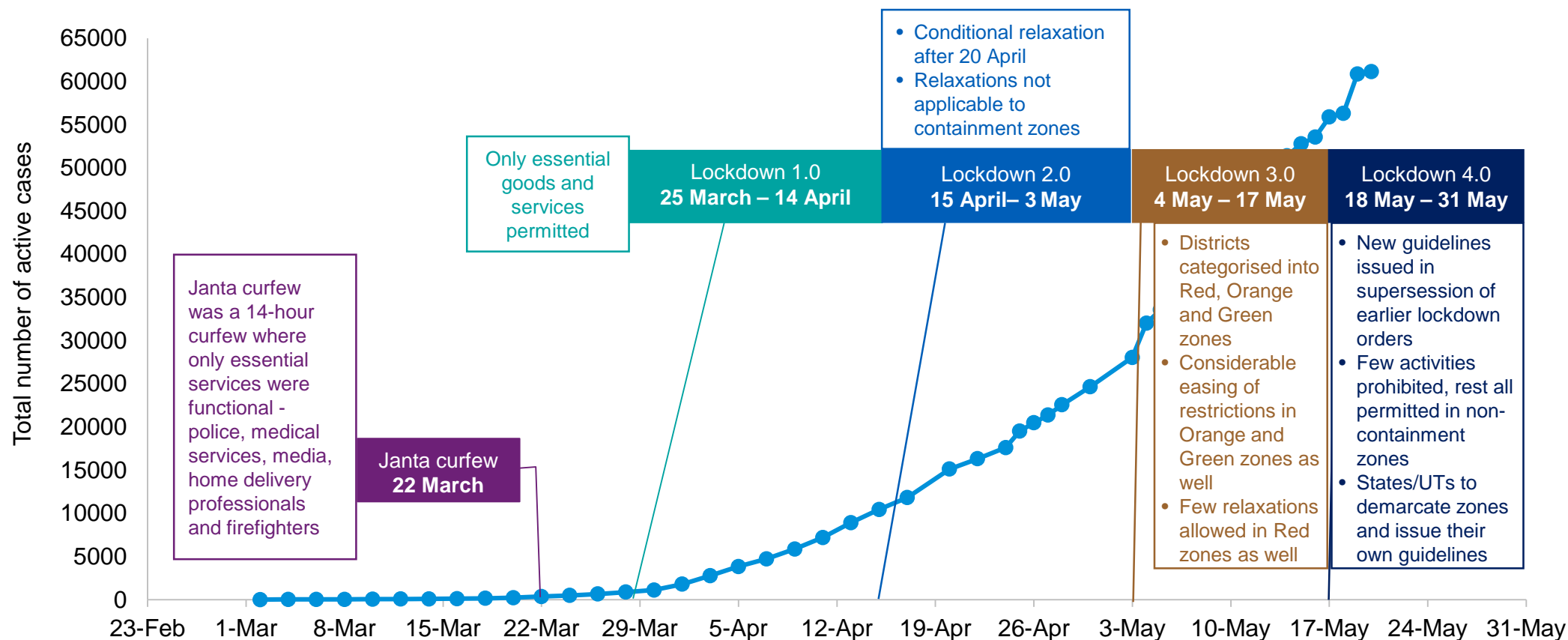
# Contents

 <b>Lockdown timeline</b> 01	 <b>State government guidelines</b> 03			<b>Frequently Asked Questions (FAQs) for investors</b> 04 																																				
 <b>Central government guidelines</b> 02  <b>Guidelines for general public</b>  <b>Guidelines for workplace and employers</b>  <b>Agriculture and allied sectors</b>  <b>Manufacturing and allied sectors</b>  <b>Services sector</b>	<table border="1"> <tr> <td>Andaman and Nicobar Islands</td> <td>Himachal Pradesh</td> <td>Nagaland</td> </tr> <tr> <td>Andhra Pradesh</td> <td>Jammu and Kashmir</td> <td>Odisha</td> </tr> <tr> <td>Arunachal Pradesh</td> <td>Jharkhand</td> <td>Puducherry</td> </tr> <tr> <td>Assam</td> <td>Karnataka</td> <td>Punjab</td> </tr> <tr> <td>Bihar</td> <td>Kerala</td> <td>Rajasthan</td> </tr> <tr> <td>Chandigarh</td> <td>Ladakh</td> <td>Sikkim</td> </tr> <tr> <td>Chhattisgarh</td> <td>Lakshadweep</td> <td>Tamil Nadu</td> </tr> <tr> <td>D&amp;N Haveli and Daman &amp; Diu</td> <td>Madhya Pradesh</td> <td>Telangana</td> </tr> <tr> <td>Delhi</td> <td>Maharashtra</td> <td>Tripura</td> </tr> <tr> <td>Goa</td> <td>Manipur</td> <td>Uttar Pradesh</td> </tr> <tr> <td>Gujarat</td> <td>Meghalaya</td> <td>Uttarakhand</td> </tr> <tr> <td>Haryana</td> <td>Mizoram</td> <td>West Bengal</td> </tr> </table>			Andaman and Nicobar Islands	Himachal Pradesh	Nagaland	Andhra Pradesh	Jammu and Kashmir	Odisha	Arunachal Pradesh	Jharkhand	Puducherry	Assam	Karnataka	Punjab	Bihar	Kerala	Rajasthan	Chandigarh	Ladakh	Sikkim	Chhattisgarh	Lakshadweep	Tamil Nadu	D&N Haveli and Daman & Diu	Madhya Pradesh	Telangana	Delhi	Maharashtra	Tripura	Goa	Manipur	Uttar Pradesh	Gujarat	Meghalaya	Uttarakhand	Haryana	Mizoram	West Bengal	<b>Applying for a pass during lockdown</b> 05 
Andaman and Nicobar Islands	Himachal Pradesh	Nagaland																																						
Andhra Pradesh	Jammu and Kashmir	Odisha																																						
Arunachal Pradesh	Jharkhand	Puducherry																																						
Assam	Karnataka	Punjab																																						
Bihar	Kerala	Rajasthan																																						
Chandigarh	Ladakh	Sikkim																																						
Chhattisgarh	Lakshadweep	Tamil Nadu																																						
D&N Haveli and Daman & Diu	Madhya Pradesh	Telangana																																						
Delhi	Maharashtra	Tripura																																						
Goa	Manipur	Uttar Pradesh																																						
Gujarat	Meghalaya	Uttarakhand																																						
Haryana	Mizoram	West Bengal																																						
			<b>References to relevant guidelines</b> 06 																																					



# 01 Lockdown timeline

# The COVID-19 lockdown in India - a timeline



Sources:

1. COVID-19 statistics, Ministry of Home and Family Welfare, accessed on 20 May, 2020
2. COVID-19 Coronavirus pandemic, India daily cases, Worldometer, accessed on 20 May 2020
3. 'Janta Curfew' to be observed on 22 March from 7 AM to 9 PM, Press Information Bureau (PIB), 19 March 2020
4. Government of India issues Orders prescribing lockdown for containment of COVID-19 Epidemic in the country, PIB, 24 March 2020
5. Ministry of Home Affairs (MHA) Order No. 40-3/2020-DM-I (A) dated 15th April 2020, accessed on 17 April 2020
6. Ministry of Home Affairs (MHA) Order No. 40-3/2020-DM-I (A) dated 1st May 2020, accessed on 1 May 2020
7. KPMG in India analysis, 2020 based on secondary research



# 02 Central government guidelines

# Classification of districts and identification of containment zones

In order to fortify efforts to contain the pandemic, States/UTs need to categorise districts/municipal corporations/sub-division/wards as Red / Orange / Green zones.

States/UTs to demarcate zones by undertaking a multi-factorial analysis based on the combination of these parameters

Parameter	Critical	Desirable
Total active cases	> 200	Zero cases or no reported case in last 21 days
Active Cases per Lakh Population	> 15	-
Doubling rate (calculated over 7 days period)	< 14 days	> 28 days
Case Fatality rate	> 6%	< 1%
Testing Ratio (No. of Tests per Lakh population)	< 65	200
Sample positivity rate (confirmation rate)	> 6%	< 2%

Information on these parameters will be shared by MoHFW from time to time

## Areas with COVID-19 cases have been divided into two zones - containment zone and buffer zone

### Definition

- An area under geographic quarantine is called a **containment zone** and its adjoining blocks will be considered as the **buffer zone**<sup>2</sup>
- These zones within Red and Orange districts are to be demarcated by States/UTs/district administrations as per the guidelines<sup>2</sup> of Ministry of Home and Family Welfare (MoHFW)

### Containment Zones are delineated based on

- Mapping of cases and contacts
- Geographical dispersion of cases and contacts
- Area having well demarcated perimeter
- Enforceability of perimeter control

### Protocol within containment zones\*

- Active search for cases through physical house to house surveillance by Special Teams formed for the purpose
- Testing of all cases as per sampling guidelines
- Contact tracing
- Identification of local community volunteers to help in surveillance, contact tracing and risk communication
- Extensive inter-personal and community based communication
- Strict enforcement of social distancing

Containment Operation is deemed successful when no case is reported in **last 28 days** from the containment zone.

Containment zones will continue to be governed by guidelines prescribed by Ministry of Home and Family Welfare (MoHFW). These guidelines can be accessed [here](#) and [here](#).

Source:

- Updated Containment Plan for Large Outbreaks Novel Coronavirus Disease 2019 (COVID-19), accessed on 19 May 2020
- Ministry of Home Affairs (MHA) Order No. 40-3/2020-DM-I (A) dated 17 May 2020, accessed on 18 May 2020
- Updated Cluster Containment Plan for COVID-19, dated 16 May 2020
- Updated Containment Plan for Large Outbreaks of COVID-19, dated 16 May 2020

Note: For more information on hotspots refer to D.O. z-21020/16/2020-PH issued by Department of Health and Family Welfare, Government of India

\* Indicative, not exhaustive



# Guidelines for the general public

✓ Permitted activities  
✗ Restricted activities

Activities	
Passenger travel – International air travel, except as permitted by MHA	✗
Inter-State movement of passenger vehicles and buses, with mutual consent of the State(s)/UT(s) involved	✓
Intra-State movement of passenger vehicles and buses, as decided by the States and UTs	✓
Metro rail services	✗
Educational institutions*	✗
Distance/online learning	✓
Recreation (cinema halls, shopping malls, gymnasiums, swimming pools, entertainment parks, theatres etc.)	✗
Sports complexes and stadia permitted to open; spectators not allowed	✓
Worship and public gatherings	✗
Hospitality services except those permitted by MHA	✗
Restaurants permitted to operate kitchens for home delivery of food items only	✓
Movement of people for non-essential activities between 7 pm – 7 am	✗
Movement of citizens above 65 years of age, persons with co-morbidities, pregnant women, and children below the age of 10 years	✗
Inter-state movement of goods/cargo, including empty trucks.	✓

**All other activities are permitted, except those which are specifically prohibited**

\*Exemption provided to conduct annual board examinations by State Education Boards/CBSE/ICSE etc. for class 10<sup>th</sup> and 12<sup>th</sup> subject to conditions that can be accessed [here](#)

**Only essential activities permitted in containment zones**

Source:

1. Ministry of Home Affairs (MHA) Order No. 40-3/2020-DM-I (A) dated 20 May 2020, accessed on 20 May 2020
2. Ministry of Home Affairs (MHA) Order No. 40-3/2020-DM-I (A) dated 17 May 2020, accessed on 18 May 2020

# Standard Operating Protocols (SOPs)

✓ Permitted activities  
✗ Restricted activities

All Standard Operating Protocols (SOPs) issued by MHA will continue to operate. These can be accessed below:

1. [MHA Order Dt. 19.5.2020 reg. revised SoPs on movement of stranded workers by trains](#)
2. [MoCA guidelines for air passengers after recommencing of air travel from 25th May 2020](#)
3. [SOP on movement of persons by train, issued vide Order dated May 11, 2020](#)
4. [SOP on movement of Indian Nationals stranded outside the country and of specified persons to travel abroad, issued vide Order dated May 5, 2020](#)
5. [SOP on transit arrangement for foreign national\(s\) in India and release of quarantine persons, issued vide Order dated April 02, 2020.](#)
6. [SOP on movement of stranded labour within States/ UTs, issued vide Order dated April 19, 2020.](#)
7. [SOP on sign-on and sign-off of Indian seafarers, issued vide Order dated April 21, 2020.](#)
8. [SOP on movement of stranded migrant workers, pilgrims, tourists, students and other persons, issued vide Order dated April 29, 2020.](#)
9. [SOP on movement of stranded migrant workers, pilgrims, tourists, students and other persons by train, issued vide Order dated May 01, 2020.](#)

Source:

1. Ministry of Home Affairs (MHA) Order No. 40-3/2020-DM-I (A) dated 20 May 2020, accessed on 20 May 2020
2. Ministry of Home Affairs (MHA) Order No. 40-3/2020-DM-I (A) dated 17 May 2020, accessed on 18 May 2020

# Advisories for workspaces and employers

## Guidelines on preventive measures to contain spread of COVID-19 in workplace setting

- Physical distancing of at least one meter to be followed at all times
- Employers to ensure, on best effort basis, that Aarogya Setu is installed by all employees having compatible mobile phones
- Use of face covers/masks to be mandatory
- Practice frequent hand washing (for at least 40-60 seconds) even when hands are not visibly dirty and use of alcohol based hand sanitizers (for at least 20 seconds)
- Respiratory etiquettes to be strictly followed
- Self-monitoring of health by all and reporting any illness at the earliest
- When one or few person(s) who share a room/close office space is/are found to be suffering from symptoms suggestive of COVID-19
  - Place the ill person in a room or area where they are isolated from others at the workplace. Provide a mask/face cover till such time he/she is examined by a doctor.
  - Report to concerned central/state health authorities. Helpline 1075 will be immediately informed
  - Risk assessment to be undertaken by the designated public health authority
  - If reporting very mild/mild symptoms, placed under home isolation
  - If assessed as moderate to severe, he/she will follow guidelines available [here](#)
  - The rapid response team of the concerned district to be requisitioned to undertake the listing of contact
  - Necessary actions for contact tracing and disinfection of work place to start once the report of the patient is received as positive.
- If only one or two cases reported, the disinfection procedure will be limited to places/areas visited by the patient in past 48 hrs. There is no need to close the entire office building/halt work in other areas of the office and work can be resumed after disinfection as per laid down protocol.
- In case of larger outbreak, the entire building to be closed for 48 hours after thorough disinfection. All the staff to work from home, till the building is declared fit for re-occupation.

## As per National Directives for COVID-19 Management

***These are to be enforced by the District Magistrate through fines and penal action***

### Workspaces

- Wearing of face cover is compulsory in all public and work places
- Spitting in public and work places shall be punishable with fine
- Social distancing shall be followed by all persons in public places and in transport
- Consumption of liquor, paan, gutka, tobacco etc. in public places is not allowed
- Shops will ensure minimum six feet distance among customers and shall not allow more than 5 persons at the shop
- As far as possible, the practice of work from home should be followed
- Staggering of work/business hours shall be followed in offices, work places, shops, markets and industrial and commercial establishments
- Provision for thermal scanning, hand wash and sanitizer will be made at all entry and exit points and common areas
- Frequent sanitisation of entire workplace, common facilities and all points which come into human contact e.g. door handles etc., shall be ensured, including between shifts
- All persons in charge of work places shall ensure social distancing through adequate distance between workers, adequate gaps between shifts, staggering the lunch breaks of staff, etc.

#### Source:

1. Ministry of Home Affairs (MHA) Order No. 40-3/2020-DM-I (A) dated 17 May 2020, accessed on 18 May 2020
2. MoHFW Guidelines on preventive measures to contain spread of COVID-19 in workplace settings, accessed on 19 May 2020



# 03 State government guidelines



Please click on state name to navigate

# Andaman and Nicobar Islands

# Guidelines issued by the UT Administration of Andaman and Nicobar Islands

- UT administration has issued no guidelines in the public domain till date. Central Government guidelines can be accessed [here](#)
- MHA order with guidelines on lockdown measures can be accessed here – [17 May](#) , [20 May](#)
- To apply for e-passes in the UT during lockdown –
  - Contact the Sub Divisional Magistrates for the particular region.
  - Nicobars district: <https://nicobars.andaman.nic.in/about-district/whos-who/>
  - North and Middle Andaman: <https://northmiddle.andaman.nic.in/about-district/whos-who/>
  - South Andaman: <https://southandaman.nic.in/whos-who/>
  - For South Andaman, download the application [here](#) and submit it to the DC

# Andhra Pradesh

# Guidelines issued by the Government of Andhra Pradesh

- The Government of Andhra Pradesh has issued guidelines on 3<sup>rd</sup> May, which are in accordance with the Central Government guidelines which can be accessed [here](#)
- MHA order with guidelines on lockdown measures can be accessed here – [17 May](#) , [20 May](#)
- The state order's guidelines can be accessed [here](#). GO Rt. No. 88 dated 18-Apr-2020 issued by Industries and Commerce (P&I) Department
- To apply for e-passes in the state during lockdown [link](#), Registration for industries [link](#) and DCC/MC/Tahsildar Verification [link](#).

## Overall lockdown and relaxations

- State Government is adhering to Central Government guidelines dated 17th May GO No. 40-3/2020- DM- I(A)
- Department of Industries and Commerce, Government of Andhra Pradesh has also developed an Operational Guidelines on preparing workplaces for prevention of COVID-19 in Andhra Pradesh to be referred by various industries for starting operations post lockdown.

### Source:

1. G.O.Rt.No.262 dated 3<sup>rd</sup> May 2020 issued by Health Medical and Family Welfare Department, accessed on 04 May 2020
2. COVID Order -28 issued by Health Medical and Family Welfare Department, accessed on 20 April 2020
3. G.O.Rt.No.239 dated 18th April 2020 issued by Industries and Commerce Department, accessed on 20 April 2020



# Arunachal Pradesh

# Guidelines issued by the Government of Arunachal Pradesh

- The Government of Arunachal Pradesh has not issued any guidelines. The Central Government guidelines which can be accessed [here](#)
- MHA order with guidelines on lockdown measures can be accessed here – [17 May](#) , [20 May](#)

# Assam

# Guidelines issued by the Government of Assam

- These additional guidelines issued by the Government of Assam are to be read along with the Central Government guidelines which can be accessed [here](#)
- MHA order with guidelines on lockdown measures can be accessed here – [17 May](#) , [20 May](#)
- The state order with guidelines was issued by Chief Secretary, Government of Assam in DO no. ASDMA/27/2020, dated 18-Apr-2020 and further guidelines on [22 April](#) , [23 April](#) , [24 April](#), [3 May](#), [18 May](#)
- To apply for e-passes in the state during lockdown, click [here](#) . For district wise e-Pass system click [here](#).

## Permissible activities with restrictions

- Private offices located in the same building as that of a mall are allowed to operate but shops in the same building are not allowed to open.
- All shops shall be allowed to operate till 6 pm. Market complexes and shopping malls shall remain closed.
- All construction work shall be allowed between 7 am and 6 pm. However, all construction activities relating to highway construction, flood control works are allowed at all times.
- Bank employees are allowed to move beyond 7 pm depending on necessity.
- City buses, intra-district and inter-district buses shall operate with 50% capacity. Only 50% of total number of buses shall be allowed to operate and only under the authority of ASTC. All vehicles which are allowed to ply are not permitted to stop in the Containment and buffer zones. Inter-State buses for public transport and private vehicles not allowed except as permitted by State Government.
- All tea shops, restaurants, ice-cream parlours, cooked food outlets are allowed to operate on take away or home delivery basis only till 7 pm including grocery by grocery shops.
- Livestock carrying trucks shall be allowed to enter the State except those carrying pigs.
- Sports activities without person to person contact and spectators shall be allowed.
- Female employees, both private and public, with children below 5 years of age are not allowed to attend office till 31 May 2020.

### Source:

1. DO no. ASDMA/27/2020, dated 18-Apr-2020 by Chief Secretary, Government of Assam
2. No. HLA.270/2020/165, dated 22-Apr-2020, Health and Family Welfare Department, Government of Assam
3. No. HLA.270/2020/171, dated 23-Apr-2020, Health and Family Welfare Department, Government of Assam

### Source:

4. No. ASDMA.20/2020/9, dated 24-Apr-2020, Assam State Disaster Management Authority, Government of Assam
5. No. ASDMA.24/2020/Part-1/43, dated 03-May-2020, Assam State Disaster Management Authority, Government of Assam
6. No. ASDMA 24/2020/Part-1/57, dated 18-May-2020, Assam State Disaster Management Authority, Government of Assam

# Bihar

1. As per Health secretary's letter D.O.No.Z.28015/19/2020-EMR dated 30 April 2020 to Chief Secretaries of all States/UTs
2. No.-G/Disaster-06-02/2020-298 dated 03-May-2020, by Home Department, Government of Bihar

# Guidelines issued by the Government of Bihar

- The Government of Bihar has issued guidelines on opening of State Government Offices, which are in accordance with the Central Government guidelines which can be accessed [here](#)
- MHA order with guidelines on lockdown measures can be accessed here – [17 May](#) , [20 May](#)
- The following state order with guidelines were issued:
  - Order no. – 4/PD-3-102/14 dated 17-Apr-2020 by Joint Secretary, General Administration Department, Government of Bihar
  - No. - 2/M-24/2020- 473(2) dated 23-Apr-2020, by Health department, Government of Bihar
  - No.-G/Disaster-06-02/2020-298 dated 03-May-2020, by Home Department, Government of Bihar
  - Guidelines dated 18-May-2020, by Home Department, Government of Bihar
- To apply for e-passes in the state during lockdown, click [here](#). You may also apply through smartphone by scanning the QR code available in the link above. There are user manuals available in the link above to guide you through the ePass application process.
- There would be only two zones in Bihar. The Red zone would be as per the Central Government categorization and rest all other districts outside the Red zone would be considered as under the Orange zone by the State.

## Permissible activities

- Intra district, inter district and any kind of paid bus services are not permitted.
- Taxi services is permitted only for medical reasons or for people travelling through one of the special trains allowed by the Government of India.
- The concerned District Magistrates will decide to open the shops on a rotation basis for crowd management.

### Source:

1. Order no. – 4/PD-3-102/14 dated 17-Apr-2020 by Joint Secretary, General Administration Department, Government of Bihar
2. No. - 2/M-24/2020- 473(2) dated 23-Apr-2020, by Health department, Government of Bihar
3. No.-G/Disaster-06-02/2020-298 dated 03-May-2020, by Home Department, Government of Bihar

# Chandigarh

# Guidelines issued by the UT of Chandigarh

- These guidelines issued by the UT administration of Chandigarh have the same relaxations and restrictions as the central government and are to be read along with the Central Government guidelines which can be accessed [here](#)
- MHA order with guidelines on lockdown measures can be accessed here – [17 May](#) , [20 May](#)
- The UT order with guidelines can be accessed [here](#)
- To apply for e-passes in the UT during lockdown, click [here](#)



# Chhattisgarh

# Guidelines issued by the Government of Chhattisgarh

- The Government of Chhattisgarh has issued guidelines, which are in accordance with the Central Government guidelines which can be accessed [here](#)
- MHA order with guidelines on lockdown measures can be accessed here – [17 May](#) , [20 May](#)
- The state order with guidelines can be accessed [21 April](#) , [2 May](#) , [3 May – Central Govt Order](#) , [3 May – Government offices](#), [17 May](#)
- To apply for e-passes in the state during lockdown, click [here](#).

## Activities not permissible

- All clubs and bars to remain closed until further order.
- All sports complexes and stadiums to remain closed until further order.
- All districts to follow the complete lockdown as per earlier on Saturday and Sunday.

# Dadra and Nagar Haveli and Daman and Diu

# Guidelines issued by the UT Administration of Dadra and Nagar Haveli and Daman and Diu

- UT administration has issued no guidelines in the public domain till date. Central Government guidelines can be accessed [here](#)
- MHA order with guidelines on lockdown measures can be accessed here – [17 May](#) , [20 May](#)
- To apply for e-passes in the UT during lockdown, apply for a pass [here](#)

# Delhi

# Guidelines issued by the Government of Delhi

- These additional guidelines issued by the Government of Delhi are to be read along with the Central Government guidelines which can be accessed [here](#)
- MHA order with guidelines on lockdown measures can be accessed here – [17 May](#) , [20 May](#)
- The state order with guidelines can be accessed [here](#)
- To apply for e-passes during lockdown, click [here](#). The Government has also announced a dedicated WhatsApp no. 8287972050 for receiving complaints/requests from the citizens in respect of COVID-19.

## Extension of lockdown period till 31 May

- Restaurants shall be permitted to operate kitchens for home delivery of food items.
- Sports complexes and stadia will be permitted to open, however, spectators will not be allowed.
- Intra-State (within NCT of Delhi) movement of buses shall be permitted with no more than 20 passengers at one time in the bus.
- Movement of individuals and vehicles is allowed. Four wheelers to have maximum 2 passengers besides the vehicle driver. For two wheelers, pillion rider is not allowed.
- All Private and Government offices shall be permitted to function in full strength. However, for private offices, as far as possible the practice of work from home should be followed.
- All markets and market complexes shall remain open on odd-even basis based on their shop no. Shops selling essential goods including books and stationary shops, fan shops, in markets and market complexes will be permitted to be open on all days.
- In order to ensure staggering of work / Business hours, industrial establishments shall be permitted to function in staggered business hours. Industrial firms who registered name starts with M/s A to M/s L may function from 7:30 am to 5:30 pm, whereas firms whose registered name starts with M/s M to M/s Z may function from 8:30 am to 6:30 pm.

Source:

1. Order no. – F/02/07/2020/SI/48 dated 14-Apr-2020 by Chief Secretary, Government of Delhi, accessed on 19 April 2020
2. F No. 132/DGHS/PH-IV/COVID-19/2020/2205-2210 dated 17-Apr-2020 by Directorate General of Health Services, Government of NCT of Delhi

# Goa

# Guidelines issued by the UT Administration of Goa

- UT administration has issued no guidelines in the public domain till date. Central Government guidelines can be accessed [here](#)
- MHA order with guidelines on lockdown measures can be accessed here – [17 May](#) , [20 May](#)
- To apply for e-passes in the UT during lockdown, apply for a pass [here](#)



# Gujarat

# Guidelines issued by the Government of Gujarat (1/2)

- These additional guidelines issued by the Government of Gujarat are to be read along with the Central Government guidelines which can be accessed [here](#)
- MHA order with guidelines on lockdown measures can be accessed here – [17 May](#) , [20 May](#)
- The state order with guidelines can be accessed here: [17 April](#) , [23 April](#)
- To apply for passes in the state during lockdown, write to the District Collector and Sub Divisional Magistrate seeking permission. To apply for e-passes, contact 079 2325 1900

## Industries

- Textile market in Surat to be allowed to function with odd-even rule
- Diamond weaving & power loom units may operate at 50 per cent capacity with social distancing and other safety norms
- Goods Transport movement will be allowed across the state and Inter state including empty trucks.
- All other economic activities are allowed (except the negative list below) in non-containment zones and no relaxation in economic activities in Eastern area of Ahmedabad
- Industries with lock in facilities and industries with continuous processes to be allowed to operate ensuring that no movement of workers takes place.

## Services

- All educational, training, research, coaching institutions are not allowed to open however admin office will be allowed
- Self employed workers such as plumbers , electricians, carpenters, moto-repairing and auto mechanics etc., can resume their duties.
- Private offices to operate at 33 per cent capacity outside containment zones

### Source:

1. No. - G66, dated 23-Apr-2020 from Gujarat Information Bureau, Government of Gujarat
2. No. - MP13, dated 18-Apr-2020 from Gujarat Information Bureau, Government of Gujarat
3. No. - G058, dated 16-Apr-2020 from Gujarat Information Bureau, Government of Gujarat
4. No. GHR/2020/56/FAC/142020/346/M3, dated 17-Apr-2020, by Labour & Employment Department
5. IMD Letter dated 16-Apr-2020
6. No. 40-3/2020-DM-I(A)
7. GO issued by Home Department dated 18.05.2020

# Guidelines issued by the Government of Gujarat (2/2)

- These additional guidelines issued by the Government of Gujarat are to be read along with the Central Government guidelines which can be accessed [here](#)
- MHA order with guidelines on lockdown measures can be accessed here – [17 May](#) , [20 May](#)
- The state order with guidelines can be accessed here: [17 April](#) , [23 April](#)
- To apply for passes in the state during lockdown, write to the District Collector and Sub Divisional Magistrate seeking permission. To apply for e-passes, contact 079 2325 1900

## Shops and markets

- Shops, establishments and industries to be opened between 8 AM to 4 PM only.
- All repair shops, garages, workshops and service stations will be allowed.
- For cluster of shops in a market area/shopping complexes, shops having odd property number will remain open on odd dates and shops having even property number will remain open on even dates. (Not more than 5 persons allowed inside the shop at any given point of time).
- Restaurants and eateries only allowed for home delivery
- Barber/haircut/saloon/beauty parlour are allowed with social distancing

### Source:

1. No. - G66, dated 23-Apr-2020 from Gujarat Information Bureau, Government of Gujarat
2. No. - MP13, dated 18-Apr-2020 from Gujarat Information Bureau, Government of Gujarat
3. No. - G058, dated 16-Apr-2020 from Gujarat Information Bureau, Government of Gujarat
4. No. GHR/2020/56/FAC/142020/346/M3, dated 17-Apr-2020, by Labour & Employment Department
5. IMD Letter dated 16-Apr-2020
6. No. 40-3/2020-DM-I(A)
7. GO issued by Home Department dated 18.05.2020

# Haryana

# Guidelines issued by the Government of Haryana

- The Government of Haryana has issued guidelines on opening of State Government Offices, which are in accordance with the Central Government guidelines which can be accessed [here](#)
- MHA order with guidelines on lockdown measures can be accessed here – [17 May](#) , [20 May](#)
- The state order was issued via GO No DMC –SPO-2020/5688 issued by Haryana State Disaster Management Authority, Government of Haryana, dated 17 May 2020
- To apply for passes in the state during lockdown, click [here](#). Apply for an e-pass [here](#)

## Overall lockdown measures and relaxation

- State Government is adhering to Central Government guidelines dated 17th May GO No. 40-3/2020- DM- I(A)

Source:

1. GO No DMC –SPO-2020/5688 issued by Haryana State Disaster Management Authority, Government of Haryana, dated 17 May 2020

# Himachal Pradesh

# Guidelines issued by the Government of Himachal Pradesh

- No additional guidelines issued have been issued by the Government of Himachal Pradesh after the latest Central Government guidelines which can be accessed [here](#)
  - MHA order with guidelines on lockdown measures can be accessed here – [17 May](#) , [20 May](#)
  - The state order with guidelines can be accessed [here](#). State Government has prepared an advisory manual for restart of operations by employers. This may be accessed [here](#)
  - To apply for e-passes in the State during lockdown, click [here](#)
- Process for curfew passes in Baddi- Barotiwala-Nalagarh Development Area (BBNDA) - Solan district is available [here](#)  
For Vehicle Movement e-pass in Kangra, Kullu and Una, apply [here](#)

## Labour and advisory protocol

- Only locally available labour with no outside travel history will be utilised for medical/health infrastructure
- All personnel travelling to work and back in exempted category will travel not more than three in number excluding driver in Government or Government hired vehicles
- Movement of private vehicles is allowed with curfew passes and permits
- State Government has prepared an advisory manual for restart of operations by employers.

## Services

- Timing of shops will be determined by District Magistrate
- IT repairs including mobile repairs will be allowed twice a week during hours fixed by the District Magistrate

### Source:

1. Government of Himachal Order No. Rev (DMC) (C) 20-2/2020- COVID 19 issued by National Health Mission, Department of Health and Family Welfare, Government of Himachal Pradesh, accessed on 20 April 2020

# Jammu and Kashmir



# Guidelines issued by the UT Administration of Jammu and Kashmir

- UT administration has issued no guidelines in the public domain till date. Central Government guidelines can be accessed [here](#)
- MHA order with guidelines on lockdown measures can be accessed here – [17 May](#) , [20 May](#)
- To apply for e-passes in the UT during lockdown, apply for a pass [here](#). General instructions for citizens while submitting application can be viewed [here](#)

# Jharkhand

# Guidelines issued by the Government of Jharkhand

- The Government of Jharkhand has issued guidelines on opening of State Government Offices, which are in accordance with the Central Government guidelines which can be accessed [here](#)
- MHA order with guidelines on lockdown measures can be accessed here – [17 May](#) , [20 May](#)
- The state order with guidelines were issued by Chief Secretary, Government of Jharkhand in Letter no. -16/Vividh-04-10/2016 (Part-2) No.- 2181, dated 18-Apr-2020
- To apply for e-passes in the state during lockdown, click [here](#).

# Karnataka

# Guidelines issued by the Government of Karnataka

- These additional guidelines issued by the Government of Karnataka are to be read along with the Central Government guidelines which can be accessed [here](#)
- MHA order with guidelines on lockdown measures can be accessed here – [17 May](#) , [20 May](#)
- The state order with guidelines can be accessed: [22 April](#), [23 April \(i\)](#) , [23 April \(ii\)](#) , [3 May](#) , [18 May](#)
- To apply for e-passes in the state during lockdown, Bangalore: Organisations and individuals can obtain passes from KSP's e-portal [here](#).  
Districts other than Bangalore: - contact your nearest district police. FAQs available here: [individual applicants](#), [companies](#)

Travel	Others
<ul style="list-style-type: none"> <li>• Inter-State movement of passenger vehicles and buses allowed, with mutual consent of the State(s)/UT(s) involved</li> <li>• Intra-State movement of passenger vehicles, trains and buses including city bus services, mofussil bus services, suburban rail services and private buses are permitted with social distancing measures.</li> <li>• Taxis (driver and maximum two passengers), auto rickshaws (driver and maximum two passengers), maxi cabs and aggregators will be allowed to ply with social distancing measures.</li> </ul>	<ul style="list-style-type: none"> <li>• All shops including barber shops, spa and saloons will be allowed to function. Barbershops, spas and saloons will be allowed to operate as per SOP to be issued by Department of Health and Family Welfare, Government of Karnataka.</li> <li>• Government / Municipal parks shall be open for public between specified times subject to these guidelines and National Directives</li> <li>• On Sundays there shall be full day lockdown</li> </ul>

Source:

1. Order No. RD 158 TNR 2020 dated 18 May 2020, issued by Government of Karnataka, accessed on 20 May 2020

# Kerala

# State guidelines issued by the Government of Kerala (1/3)

- These additional guidelines issued by the Government of Kerala are to be read along with the Central Government guidelines which can be accessed [here](#)
- MHA order with guidelines on lockdown measures can be accessed here – [17 May](#) , [20 May](#)
- The state order with guidelines can be accessed here: [18 April](#) , [23 April](#) , [18 May](#)
- Applications for e-Curfew passes for transport of essential goods can be submitted [here](#). It is recommended to carry ID cards and invoice/waybill stating the origin, destination and items being moved for easy reference.

## Travel and movement of persons

- Public transport within districts, including water transport, 50 per cent of the total capacity, except in containment zones. For the regions at the district borders, their case will be considered with special provisions
- Inter-district travel allowed but only in private vehicles or taxis, between 7am to 7 pm. No special passes needed, personal ID card would suffice.
- Those who travel to faraway districts regularly for work need to get a special pass for the same
- Trips to pick up relatives from other districts who got stranded due to lockdown, who work there etc. are allowed. However, this should be registered in the COVID-19 portal of the Kerala Police website and an automatic pass should be issued.
- Autorickshaws: Three-wheelers will normally be allowed only a single passenger. If those hailing from single family, three can travel
- In case of four-wheeler, is 3 persons including the driver allowed. In case of two-wheeler, only one passenger is allowed. However, if both the passengers are relatives, two passengers are allowed.
- Public transport: Intra-district public transport, allowed to carry 50 per cent of its capacity.
- All other travels are prohibited but if it is inevitable, a pass must be issued from the police or the Collectorate.

Source:

1. Revised consolidated guidelines - G.O.(Ms)No.99/2020/GAD dated 18 May 2020 issued by General Administration Department, accessed on 20 May 2020

# State guidelines issued by the Government of Kerala (2/3)

- These additional guidelines issued by the Government of Kerala are to be read along with the Central Government guidelines which can be accessed [here](#)
- MHA order with guidelines on lockdown measures can be accessed here – [17 May](#) , [20 May](#)
- The state order with guidelines can be accessed here: [18 April](#) , [23 April](#) , [18 May](#)
- Applications for e-Curfew passes for transport of essential goods can be submitted [here](#). It is recommended to carry ID cards and invoice/waybill stating the origin, destination and items being moved for easy reference.

## Private businesses and industries

- All shops and commercial establishments, even shopping complexes except malls. In the case of shopping complexes, only 50 per cent of shops will be allowed to open in a day.
- In restaurants, only takeaway counters will be open from 7am to 9pm. Home delivery will extend till 10pm
- Beverage outlet can be opened once the online booking starts. This condition is applicable for food and liquor supply in Liquor Bars/shops also. Not more than 5 members are allowed at a time in Clubs and they should follow strict social distancing norms. Telephone or online booking to be encouraged by clubs. Non-members are not allowed in any clubs. Toddy shops can be opened for only for parcel service of toddy and food.
- Barber shops, beauty parlours, hair cutting, hair dressing, shaving saloons can be opened without using air conditioners. Not more than 2 people should wait outside these shops. Each customer to bring their own towels. Prior appointments to be taken over telephone.
- By strictly following social distancing norms, indoor shootings with the permission of 10 people at a time are allowed for Television Production Units.
- Golf, Tennis, Badminton are allowed by following social distancing norms.

Source:

1. Revised consolidated guidelines - G.O.(Ms)No.99/2020/GAD dated 18 May 2020 issued by General Administration Department, accessed on 20 May 2020



# State guidelines issued by the Government of Kerala (3/3)

- These additional guidelines issued by the Government of Kerala are to be read along with the Central Government guidelines which can be accessed [here](#)
- MHA order with guidelines on lockdown measures can be accessed here – [17 May](#) , [20 May](#)
- The state order with guidelines can be accessed here: [18 April](#) , [23 April](#) , [18 May](#)
- Applications for e-Curfew passes for transport of essential goods can be submitted [here](#). It is recommended to carry ID cards and invoice/waybill stating the origin, destination and items being moved for easy reference.

## Government offices and institutions

- 50 per cent of the staff should attend office. All Saturdays will be holiday, till next order comes. Remaining staff can work from home, but need to attend office based on reporting officers request.
- Those officials who work in the nearby districts can use their official ID card for the travelling purpose. Those living in farther districts should have a letter from the senior officer. Those who cannot travel to work should report to the district collectorate so as to use their service for COVID-19 care.
- Essential services such as the Revenue Department, Social Justice Department, Disaster Management and welfare pension boards can work without the above restrictions.
- All the institutions (Government, aided and unaided) will work (including Saturdays) for the conduct of examinations.
- All the central government office will work as per the central government guidelines.
- For the PSUs involved in the manufacturing process. The necessary arrangements can be made by the head of the office. No additional financial liabilities should be made.

## Social activities

- Weddings and associated events should be conducted with not more than 50 and 10 people respectively.
- Funerals and associated events should be conducted with not more than 20 and 10 people respectively.
- Heads of the concerned institutions should ensure proper and smooth conduction of working men's and women's hostels.

**Until further notice, strict lockdown to be observed on all Sundays.**

Source:

1. Revised consolidated guidelines - G.O.(Ms)No.80/2020/GAD dated 23 April 2020 issued by General Administration Department, accessed on 24 April 2020
2. Industries (H) Department G.O.(Rt)No.293/2020/ID dated 18/04/2020

# Ladakh

# Guidelines issued by the UT of Ladakh

- These additional guidelines issued by the UT administration of Ladakh are to be read along with the Central Government guidelines which can be accessed [here](#)
- MHA order with guidelines on lockdown measures can be accessed here – [17 May](#) , [20 May](#)
- The UT order with guidelines can be accessed [here](#).

## Transport

To ensure supply of essential commodities, trucks and tankers carrying these items are allowed to cross the Zojila pass. The following protocol will be followed –

- Only one driver and helper allowed with each truck
- Driver or cleaner with symptoms will not be allowed to pass
- There will be police escorts in certain areas to ensure no stoppage on the way

Source:

1. No. DivCom(L)/UTL/SOP/2020/2630-2654 dated 27.03.2020 , Issued by Administration of UT of Ladakh, accessed on 19 April 2020

# Lakshadweep

# Guidelines issued by the UT of Lakshadweep

- These additional guidelines issued by the UT administration of Lakshadweep are to be read along with the Central Government guidelines which can be accessed [here](#)
- MHA order with guidelines on lockdown measures can be accessed here – [17 May](#) , [20 May](#)
- The UT order with guidelines can be accessed [here](#).

Source:

1. F.No.E/21/7/2020-CoL dated 22.03.2020 , Issued by Administration of UT of Lakshadweep, accessed on 19 April 2020

# Madhya Pradesh

# Guidelines issued by the Government of Madhya Pradesh

- These additional guidelines issued by the Government of Madhya Pradesh are to be read along with the Central Government guidelines which can be accessed [here](#)
- MHA order with guidelines on lockdown measures can be accessed here – [17 May](#) , [20 May](#)
- The state order with guidelines can be accessed [here](#).
- To apply for e-passes in the state during lockdown, click [here](#).

## Extension of lockdown till 31 May 2020

- Indore and Ujjain districts are in Red zone.
- Areas under Municipal boundaries of Bhopal, Burhanpur, Jabalpur, Khandwa, Devas, Mandasaur, Neemauch are in red zone.
- Bus services for public transport will not be permitted to operate except for buses permitted by the State Government for transport of labourers and labourers required for factory operations.

# Maharashtra



# Guidelines issued by the Government of Maharashtra (1/2)

- These additional guidelines issued by the Government of Maharashtra are to be read along with the Central Government guidelines which can be accessed [here](#)
- MHA order with guidelines on lockdown measures can be accessed here – [17 May](#) , [20 May](#)
- The state order GO No.DMU/2020/CR.92/DisM -1 dated 17th April was issued by Department of Revenue and Forest, Disaster Management, Relief and Rehabilitation Government of Maharashtra accessed on 19 April 2020
- To apply for e-passes in the State during lockdown, click [link](#)
  - For the movement of employees in Maharashtra except Pune, apply [here](#)
  - For the movement of employees in Pune, apply [here](#)

## Red zones

- All Municipal Corporations of MMR region including MCGM, Municipal Corporation of Pune, Solapur, Aurangabad, Malegaon, Nashik, Dhule, Jalgaon, Akola and Amravati are demarcated under red zones
- All non – essential shops will be allowed to continue as per relaxations and guidelines issued before this order and are in operation as per policy of Municipal Corporation
- Liquor shops allowed to operate if permitted, home delivery or otherwise
- Shops/malls/establishments/industries which are not allowed to open in red zone will be permitted to open from 9 am to 5 pm only for the purposes of upkeep of maintenance of material/plant and machinery/furniture etc. However no commercial/production will be allowed
- Ecommerce permitted
- All industrial units which are permitted to operate
- All construction sites which are allowed to remain open and operational. All such pre monsoon works are allowed

Source:

1. GO No.DMU/2020/CR.92/DisM -1 dated 18<sup>th</sup> May issued by Department of Revenue and Forest, Disaster Management, Relief and Rehabilitation Government of Maharashtra accessed on 20 May 2020

# Guidelines issued by the Government of Maharashtra (2/2)

- These additional guidelines issued by the Government of Maharashtra are to be read along with the Central Government guidelines which can be accessed [here](#)
- MHA order with guidelines on lockdown measures can be accessed here – [17 May](#) , [20 May](#)
- The state order GO No.DMU/2020/CR.92/DisM -1 dated 17th April was issued by Department of Revenue and Forest, Disaster Management, Relief and Rehabilitation Government of Maharashtra accessed on 19 April 2020
- To apply for e-passes in the State during lockdown, click [link](#)
  - For the movement of employees in Maharashtra except Pune, apply [here](#)
  - For the movement of employees in Pune, apply [here](#)

## Non Red zones – The remaining areas of State

- All activities which are not specifically prohibited or banned shall be permitted in Non Red zones
- No permission is needed to undertake or perform such activities
- All markets shall remain open from 9 am to 5 pm.

Source:

1. GO No.DMU/2020/CR.92/DisM -1 dated 18<sup>th</sup> May issued by Department of Revenue and Forest, Disaster Management, Relief and Rehabilitation Government of Maharashtra accessed on 20 May 2020

# Manipur

# Guidelines issued by the Government of Manipur

- The government of Manipur has not issued any guidelines till date. Central Government guidelines which can be accessed [here](#)
- MHA order with guidelines on lockdown measures can be accessed here – [17 May](#) , [20 May](#)

# Meghalaya

# Guidelines issued by the Government of Meghalaya

- The government of Meghalaya has not issued any guidelines till date. Central Government guidelines which can be accessed [here](#)
- MHA order with guidelines on lockdown measures can be accessed here – [17 May](#) , [20 May](#)

# Mizoram

# Guidelines issued by the Government of Mizoram (1/2)

- These additional guidelines issued by the Government of Mizoram are to be read along with the Central Government guidelines which can be accessed [here](#)
- MHA order with guidelines on lockdown measures can be accessed here – [17 May](#) , [20 May](#)
- The state order with guidelines can be accessed [16 April](#) , [3 May](#) , [17 May](#)
- To apply for e-passes in the State during lockdown, contact State Control Room (Toll free 1070, landline 0389-2335842/2335837 and mobile 9366331931).

## Shops and establishments

- In busy commercial areas within Aizawl Municipality and District Headquarters, shops and shops in shopping complexes/malls shall be opened in a staggered manner such that adjacent shops within such locations are not open on the same day. No shop should remain open for consecutive days. This shall not apply to stores selling school books, drug stores, Health and Veterinary Clinics or Veterinary shops. The Deputy Commissioner of each District shall make the necessary arrangements for implementation of these measures.
- All shops with the exception of pharmaceutical shops shall be closed by 5:00 PM.
- Street vending is strictly prohibited.

## Educational, religious institutions and public places

- Educational & religious institutions and training institutes will remain closed during this period. However, their administrative offices may be opened.

## Educational, religious institutions and public places

- Within the Aizawl Municipal Area, vehicles will ply on odd-even basis - vehicles bearing odd registration numbers to ply on Mondays, Wednesdays and Fridays and vehicles bearing, even registration numbers to ply on Tuesdays, Thursdays and Saturdays. No vehicle shall ply on Sundays. Exemptions exist for ambulances etc.

Source:

1. Revised guidelines for containment of COVID-19 issued by government of Mizoram, dated 18 April 2020



# Guidelines issued by the Government of Mizoram (2/2)

- These additional guidelines issued by the Government of Mizoram are to be read along with the Central Government guidelines which can be accessed [here](#)
- MHA order with guidelines on lockdown measures can be accessed here – [17 May](#) , [20 May](#)
- The state order with guidelines can be accessed [16 April](#) , [3 May](#) , [17 May](#)
- To apply for e-passes in the State during lockdown, contact State Control Room (Toll free 1070, landline 0389-2335842/2335837 and mobile 9366331931).

## Measures for the General public

- Gatherings of more than 5 (five) persons is prohibited, exceptions for wedding and funeral where in max. 20 persons are allowed
- No person shall leave the house and compound except on essential errands
- Movement of individual strictly prohibited between 7:00 pm and 4:00 am
- Entertaining of guests from outside Mizoram is strictly prohibited

Source:

1. Revised guidelines for containment of COVID-19 issued by government of Mizoram, dated 18 April 2020

# Nagaland

# Guidelines issued by the Government of Nagaland

- The government of Nagaland has not issued any guidelines till date. Central Government guidelines which can be accessed [here](#)
- MHA order with guidelines on lockdown measures can be accessed here – [17 May](#) , [20 May](#)

# Odisha

# Guidelines issued by the Government of Odisha

- These additional guidelines issued by the Government of Odisha are to be read along with the Central Government guidelines which can be accessed [here](#)
- MHA order with guidelines on lockdown measures can be accessed here – [17 May](#) , [20 May](#)
- The state order with guidelines can be accessed [here](#)
- To apply for e-passes in the state during lockdown, click [here](#)

## Overall lockdown and relaxations

- State Government is adhering to Central Government guidelines dated 17<sup>th</sup> May GO No. 40-3/2020- DM- I(A)

Source:

Following orders issued by Government of Odisha, Revenue and Disaster Management Department and accessed on 20 April 2020 - 2214/R&DM dated 17.04.2020, 2217/R&DM dated 18.04.2020, 2226/R&DM dated 19.04.2020, 2299 /R&DM dated 25.04.2020 , 2375/R&DM dated 29.04.2020 , 2444/R&DM dated 03.05.2020 and 2800/R&DM dated 08.05.2020

# Puducherry

# Guidelines issued by the UT Administration of Puducherry

- These additional guidelines issued by the UT administration of Puducherry are to be read along with the Central Government guidelines which can be accessed [here](#)
- MHA order with guidelines on lockdown measures can be accessed here – [17 May](#) , [20 May](#)
- UT's guidelines can be accessed here: [23 Mar](#)
- To apply for e-passes in the UT during lockdown, click [here](#)

# Punjab



# Guidelines issued by the Government of Punjab

- These additional guidelines issued by the Government of Punjab are to be read along with the Central Government guidelines which can be accessed [here](#)
- MHA order with guidelines on lockdown measures can be accessed here – [17 May](#) , [20 May](#)
- The state order with guidelines can be accessed [here](#) and [here](#)
- To apply for e-passes in the state during lockdown, click [here](#). You can also apply for an e-pass [here](#)

## Overall lockdown measures

- State Government is adhering to Central Government guidelines dated 17<sup>th</sup> May GO No. 40-3/2020- DM- I(A)
- Centre acceding the state's request to do away with color coding, the state will now have only Containment and Non-Containment Zones. Containment zones are defined as per norms of MoHFW

Source:

1. GO number SS/ACSH/2020/313 issued by Department of Home Affairs & Justice, Government of Punjab dated 18 April 2020, accessed on 20 April 2020
2. Press Release No. PR I/25740/2020 18 May 2020 by Department of Information and Public Relations, Government of Punjab accessed on May 20, 2020

# Rajasthan

# Guidelines issued by the Government of Rajasthan

- These additional guidelines issued by the Government of Rajasthan are to be read along with the Central Government guidelines which can be accessed [here](#)
- MHA order with guidelines on lockdown measures can be accessed here – [17 May](#) , [20 May](#)
- The state order with guidelines can be accessed [here](#)
- To apply for e-passes in the state during lockdown, click [here](#)

## Red zones

### Commercial, industrial and service institutes

Staff as per need and work from home to be encouraged

### Other private offices

50 % staff and remaining to work from home

- IT and ITeS staff can work at night after availing passes from local administration
- Continuous production factories are permitted to work at night

## Orange and green zones

### Orange Zones

- Government and private offices to work at 2/3<sup>rd</sup> of capacity

### Green zone

All activities permitted except activities prohibited by State Government under lockdown 4.0

- IT and ITES staff can work at night after availing passes from local administration
- Continuous production factories are permitted to work at night

Source:

1. Addendum to GO No.F.33(2)Home/Gr.9/2019 dated 18<sup>th</sup> May issued by Home Department, Government of Rajasthan accessed on 20 May 2020

# Sikkim

# Guidelines issued by the Government of Sikkim

- The Government of Sikkim has not issued any guidelines till date. Central Government guidelines which can be accessed [here](#)
- MHA order with guidelines on lockdown measures can be accessed here – [17 May](#) , [20 May](#)

# Tamil Nadu

# Guidelines issued by the Government of Tamil Nadu (1/2)

- These additional guidelines issued by the Government of Tamil Nadu are to be read along with the Central Government guidelines which can be accessed [here](#)
- MHA order with guidelines on lockdown measures can be accessed here – [17 May](#) , [20 May](#)
- The state order can be accessed here: [25 March](#), [28 March](#), [20 April](#), [22 April](#), [23 April](#), [30 April](#) , [3 May](#) , [15 May](#)
- To apply for e-passes in the state during lockdown, click [here](#)

## New relaxations

- In the 12 districts - Chennai, Kancheepuram, Tiruvallur, Chengalpattu, Villipuram, Cuddalore, Ranipet, Thirupathur, Kallakurichi, Tiruvanmalai, Aryalur, Perambur, all present restriction will continue without any relaxations.
- In the remaining districts no passes are needed for intra-district movement. It is recommended that such travel be done only if essential. For inter-district movement, an e-pass is to be obtained.
- Taxi and autos are permitted if carrying the e-pass
- Training by coaches preparing for national or international event is permitted

## Activities allowed in all areas under jurisdiction of Greater Chennai Police

- Construction work using in-situ labourers and by bringing the workers from outside on a one-time basis
- All construction activities and road works by Government and PSUs
- Functioning of SEZ, EOU and export units ( except Industrial estates) after due inspection with 25 per cent workers
- IT and IT enabled services with 10 per cent employees
- Shops selling essential goods will function from 6AM to 5PM
- E-commerce service providers handling food and essential commodities
- Restaurant will function from 6AM to 9PM – take away only
- Self-employed workers like plumbers, electricians, AC mechanics, carpenters etc.
- Operation of home for children/ disabled/ mentally challenged/senior citizens/destitute/ women/ widows, bed side attendants and care giver of senior citizen residing in their homes.
- All standalone and neighborhood shops

### Source.

1. G.O. (Ms) No. 203 dated 23.04.2020 , Issued by Government of Tamil Nadu , accessed on 25 April 2020
2. G.O. (Ms) No. 204 dated 23.04.2020 , Issued by Government of Tamil Nadu , accessed on 25 April 2020
3. G.O. (Ms) No. 217 dated 03.05.2020 , Issued by Government of Tamil Nadu , accessed on 3 May 2020

# Guidelines issued by the Government of Tamil Nadu (2/2)

- These additional guidelines issued by the Government of Tamil Nadu are to be read along with the Central Government guidelines which can be accessed [here](#)
- MHA order with guidelines on lockdown measures can be accessed here – [17 May](#) , [20 May](#)
- The state order can be accessed here: [25 March](#), [28 March](#), [20 April](#), [22 April](#), [23 April](#), [30 April](#) , [3 May](#) , [15 May](#)
- To apply for e-passes in the state during lockdown, click [here](#)

## Activities allowed in the State except areas under jurisdiction of Greater Chennai Police

- All industries located outside the Corporations/ Municipal Limit with 100 per cent workers if number of workers is less than 100 and 50 per cent if more than 100, all industrial activities shall be allowed in village and town panchayat areas
- However, in case of town panchayat where the population is more than 15,000, the district collector may permit the operation of the textile industries with 50 per cent workers
- Functioning of SEZ, EOU and export units (except Industrial estates) after due inspection with 50 per cent workers
- Spinning mills in village and town panchayat areas shall be permitted to function with 50 per cent workers
- The district collector may permit the operation of leather and textile industries in municipalities and corporations, dealing with designing and sampling for export purposes with 30 per cent workers
- The district collector may permit all export units in the urban areas to operate with 50 per cent workers
- IT manufacturing units shall be permitted with 50 per cent workers; IT and IT enables services with 50% employees
- Construction work in urban areas using in-situ labourers and by bringing the workers from outside on a one-time basis
- All construction activities and road works by Government and PSUs
- Self-employed workers like plumbers, electricians, AC mechanics, carpenters etc.
- Operation of home for children/ disabled/ mentally challenged/senior citizens/destitute/women/widows, bed side attendants and care giver of senior citizen residing in their homes.
- Other relaxations as given in the areas under jurisdiction of Greater Chennai Police

### Source.

1. G.O. (Ms) No. 203 dated 23.04.2020 , Issued by Government of Tamil Nadu, accessed on 25 April 2020
2. G.O. (Ms) No. 204 dated 23.04.2020 , Issued by Government of Tamil Nadu, accessed on 25 April 2020
3. G.O. (Ms) No. 217 dated 03.05.2020 , Issued by Government of Tamil Nadu, accessed on 3 May 2020



# Telangana

# Guidelines issued by the Government of Telangana

- These additional guidelines issued by the Government of Telangana are to be read along with the Central Government guidelines which can be accessed [here](#)
- MHA order with guidelines on lockdown measures can be accessed here – [17 May](#) , [20 May](#)
- The state order G.O.Ms.No.68 issued on 18 May 2020 by Chief Secretary to Government, was accessed on 20 May 2020
  1. To apply for e-passes in the State during lockdown, click obtain movement passes for essential staff and vehicles by sending an email to [covid19hyd@gmail.com](mailto:covid19hyd@gmail.com).
  2. All personnel working in factories can obtain passes from the local Police Commissioner's Office in the respective district
  3. Apply for an e-pass [here](#)

Shops and markets	Transport	Services and industries
<ul style="list-style-type: none"> <li>• Restaurants will be permitted to operate for take away/home delivery only.</li> <li>• Barber shops, Spas, and saloons are permitted to open with strict safety measures like masks, gloves, distancing, regular cleaning with disinfectant.</li> <li>• All shops are permitted to be opened. In GHMC areas, all shops will function on alternate days in such a way that no two adjacent shops shall remain open on the same day.</li> </ul>	<ul style="list-style-type: none"> <li>• Intra-state (within the state) movement of buses and other passenger vehicles is permitted, except in GHMC area.</li> <li>• Taxis, Cab aggregators and auto rickshaws permitted to operate. Taxis and cabs to take maximum three passengers excluding the driver and auto-rickshaws to take maximum two passengers in addition to the driver. Pillion riders on two wheelers allowed.</li> <li>• Domestic and international air travel of passengers prohibited</li> <li>• Inter-state movement of buses and other passenger vehicles prohibited.</li> <li>• Inter-state movement of all types of goods/Cargo including empty trucks permitted</li> </ul>	<ul style="list-style-type: none"> <li>• E-commerce activity permitted for all commodities.</li> <li>• All private offices and Government offices shall function without any restrictions, following SOPs</li> </ul>

**All the restrictions ordered earlier shall continue to be in force unless specifically modified.**

# Tripura

# Guidelines issued by the Government of Tripura

- The Government of Tripura has not issued any guidelines till date. Central Government guidelines can be accessed [here](#)
- MHA order with guidelines on lockdown measures can be accessed here – [17 May](#) , [20 May](#)

# Uttar Pradesh

# Guidelines issued by Government of Uttar Pradesh

- The Government of Chhattisgarh has issued guidelines, which are in accordance with the Central Government guidelines which can be accessed [here](#)
- MHA order with guidelines on lockdown measures can be accessed here – [17 May](#) , [20 May](#)
- The state order with guidelines can be accessed here [16 April](#) , [17 April](#), [18 May](#)
- To apply for e-passes in the State during lockdown, click [here](#).

Source:

1. Letter No - 974/77-6-20-L.C.08/2019T.C. dated 16-Apr-2020 issued by Chief Secretary, accessed on 19 April 2020
2. Letter No – 264/2020 /CXS -3 dated 16-Apr-2020 issued by Chief Secretary, accessed on 19 April 2020

# Uttarakhand

# Guidelines issued by the Government of Uttarakhand

- The Government of Uttarakhand has issued guidelines, which are in accordance with the Central Government guidelines which can be accessed [here](#)
- MHA order with guidelines on lockdown measures can be accessed here – [17 May](#) , [20 May](#)
- The state order with guidelines were issued by Chief Secretary, Government of Uttarakhand in Order no. – PS/51/C/2020/MSME dated 17-Apr-2020
- To apply for e-passes in the state during lockdown, click [here](#).



# West Bengal

# Guidelines issued by the Government of West Bengal (1/2)

- These additional guidelines issued by the Government of West Bengal are to be read along with the Central Government guidelines which can be accessed [here](#)
- MHA order with guidelines on lockdown measures can be accessed here – [17 May](#) , [20 May](#)
- The state order with guidelines can be accessed here: [16 April – Sweetmeat shops](#) , [16 April – shift system for medical persons](#) , [17 April – IT/ITeS industry relaxation](#) , [17 April – Jute industry](#) , [21 April – eAuction of Tea](#) , [21 April – extension of insurance](#) , [21 April – inclusion of accredited journalists](#) , [4 May – activities allowed outside containment zone](#) , [18 May](#)
- To apply for e-passes in the State during lockdown, click [here](#).

## Lockdown extended till 31 May

- Each Red and Orange zone will be classified into three categories:
  - ❑ Category A: Affected area (containment zone)
    - No socio-economic activities permitted
    - Complete access control. Cordoning off the entire unit with complete restrictions on ingress and egress.
    - Regular sanitization and cleaning by respective local bodies
    - Organizing home delivery of essential commodities, medicines and health services
  - ❑ Category B: Buffer area
    - All activities as permitted in Clean area (Category C) with 25 per cent strength only.
  - ❑ Category C: Clean area
    - Industries (micro, small, medium and heavy) including tea industry, Jute mills and brick kilns with alternate 50 per cent workers each day
    - Markets shop owners to ensure not more than 5 persons at one time and distance of at least 6 feet between customers.
    - Salons and parlours with proper maintenance of hygiene protocol including disinfection and sterilization of instruments used.
    - Hotels with strict health and hygiene protocols in allowed circumstances.
    - Sports complexes and stadia without spectators.

### Source:

1. Order No. – 85-CS/2020, dated 17-Apr-2020 issued by Chief Secretary, accessed on 19 April 2020
2. Memorandum No – 1587-F(H), dated 16-Apr-2020 issued by Chief Secretary, accessed on 19 April 2020
3. Order No. – 82-CS/2020, dated 16-Apr-2020 issued by Chief Secretary, accessed on 19 April 2020

# Guidelines issued by the Government of West Bengal (2/2)

- These additional guidelines issued by the Government of West Bengal are to be read along with the Central Government guidelines which can be accessed [here](#)
- MHA order with guidelines on lockdown measures can be accessed here – [17 May](#) , [20 May](#)
- The state order with guidelines can be accessed here: [16 April – Sweetmeat shops](#) , [16 April – shift system for medical persons](#) , [17 April – IT/ITeS industry relaxation](#) , [17 April – Jute industry](#) , [21 April – eAuction of Tea](#) , [21 April – extension of insurance](#) , [21 April – inclusion of accredited journalists](#) , [4 May – activities allowed outside containment zone](#) , [18 May](#)
- To apply for e-passes in the State during lockdown, click [here](#).

## Lockdown extended till 31 May

- ❑ Category C: Clean area (cont.)
  - Building construction activities with alternating 50 per cent strength of workers
  - Intra-state bus and taxi/cab services with not more than 20 passengers or 50 per cent of seating capacity whichever is higher in each bus and not more than 2 passengers in taxi/cab.
  - Private offices including those located in market complexes/shopping malls with 50 per cent strength. Work from home to be encouraged.
  - Sports and games activities in Clubs following social distancing norms.

Source:

1. Order No. – 85-CS/2020, dated 17-Apr-2020 issued by Chief Secretary, accessed on 19 April 2020
2. Memorandum No – 1587-F(H), dated 16-Apr-2020 issued by Chief Secretary, accessed on 19 April 2020
3. Order No. – 82-CS/2020, dated 16-Apr-2020 issued by Chief Secretary, accessed on 19 April 2020



# 04 FAQs for investors

# FAQs#

## 1. What is a hotspot?

Hotspots refer to areas of large COVID-19 outbreaks or clusters with significant spread. These have been identified by the Ministry of Health and Family Welfare.\*

## 2. What are containment and buffer zones?

An area under geographic quarantine is called a containment zone and its adjoining blocks will be considered as the buffer zone. Any relaxations permitted shall not be applicable to containment zones. These are to be demarcated by states/UTs/district administrations. Respective state guidelines can be referred to for more details.\*

## 3. For how long will the lockdown continue?

The Centre has issued guidelines until 31 May 2020. However, certain States/UTs have issued specific guidelines for their respective jurisdictions.

## 4. During the lockdown, which activities have been prohibited?

The following continue to remain prohibited:

- All international air travel of passengers, except those as permitted by MHA.
- Metro rail services
- Schools, colleges, educational/ training/ coaching institutions etc. Board exams exempted
- Hotels, restaurants and other hospitality services. Restaurants permitted to operate kitchens for home delivery of food items.
- All cinema halls, shopping malls and similar places.
- Sports complexes and stadia permitted to open; spectators not be allowed.
- All social/ political/ sports/ entertainment/ academic/ cultural/ religious functions/ other gatherings and large congregations.
- All religious places/ places of worship, religious congregations
- Non-essential movement of individuals between 7.00 pm to 7.00 am
- Movement of persons above 65 years of age, persons with co-morbidities, pregnant women, and children below the age of 10 years

# These FAQs are based on Centre guidelines issued by MoHFW dated 17 May 2020, state-specific guidelines should be additionally referred to

^ All relaxations are conditional on adherence to SOPs for social distancing and National Directives for COVID-19 management

\* Please click [here](#) for links to relevant guidelines

## 5. What all activities are permitted?

- All activities will be permitted, except those which are specifically prohibited. However, in Containment Zones, only essential activities shall be allowed

## 6. Do these rules apply across the country?

No. States/UTs, based on their assessment of the situation, and with the primary objective of keeping the spread of COVID-19 in check, may allow only select activities from out of the permitted activities, with such restrictions as felt necessary.

## 7. Where can I apply for a movement pass during lockdown?

The details may vary based on your current location, please refer to pages [94-97](#) for relevant information.



# 05 Applying for a pass during lockdown

# Applying for a pass during lockdown (1/3)

State name	How to apply
Andaman & Nicobar Islands	Contact the Sub Divisional Magistrates for the particular region. Nicobars district: <a href="https://nicobars.andaman.nic.in/about-district/whos-who/">https://nicobars.andaman.nic.in/about-district/whos-who/</a> North and Middle Andaman: <a href="https://northmiddle.andaman.nic.in/about-district/whos-who/">https://northmiddle.andaman.nic.in/about-district/whos-who/</a> South Andaman: <a href="https://southandaman.nic.in/whos-who/">https://southandaman.nic.in/whos-who/</a> For South Andaman, download the application <a href="#">here</a> and submit it to the DC
Andhra Pradesh	<ol style="list-style-type: none"> <li>1. e-passes in the state during lockdown <a href="#">link</a>,</li> <li>2. Registration for industries <a href="#">link</a></li> <li>3. DCC/MC/Tahsildar Verification <a href="#">link</a></li> </ol>
Assam	For online application to get an e-pass for vehicles engaged in essential services, click <a href="#">here</a>
Bihar	For e-passes in the State during lockdown click <a href="#">here</a> You may also apply through smartphone by scanning the QR code available in the link above. There are user manuals available in the link above to guide you through the ePass application process
Chandigarh	Apply for a pass - <a href="#">here</a>
Chhattisgarh	State has a <a href="#">mobile app</a> which can be downloaded for passes.
Dadra and Nagar Haveli and Daman and Diu	Apply for a pass <a href="#">here</a>
Delhi	Movement passes can be obtained online by making an application on the <a href="#">Delhi Police website</a> You can also apply for an e-pass <a href="#">here</a> or <a href="#">here</a>
Goa	Travel passes: Apply <a href="#">here</a>
Gujarat	To apply for e-passes, contact 079 2325 1900
Haryana	Apply on the following <a href="#">link</a> You can also apply for an e-pass <a href="#">here</a>

Source: Respective state government websites (where available), accessed on 20 April 2020

# Applying for a pass during lockdown (2/3)

State name	How to apply
Himachal Pradesh	Apply for a curfew pass <a href="#">here</a> Process for curfew passes in Baddi- Barotiwala-Nalagarh Development Area (BBNDA) - Solan district is available <a href="#">here</a> For Vehicle Movement e-pass in Kangra, Kullu and Una, apply <a href="#">here</a>
Jammu & Kashmir	Apply for a pass <a href="#">here</a> General instructions for citizens while submitting application can be viewed <a href="#">here</a>
Jharkhand	For e-passes in the State during lockdown for individual, private vendors, Government, PSUs, click <a href="#">here</a>
Karnataka	Bangalore: Organisations and individuals can obtain passes from KSP's e-portal <a href="#">here</a> Districts other than Bangalore: - contact your nearest district police FAQs available here: <a href="#">individual applicants</a> , <a href="#">companies</a>
Kerala	Enlisted below is the process for resuming manufacturing operations and transportation of essential goods only. <i>Resuming operations of essential goods manufacturers:</i> <ul style="list-style-type: none"> <li>• The Company should contact the Control Room in Directorate of Industries &amp; Commerce (DIC) department.</li> <li>• DIC shall then reach out to concerned District Authorities, who shall authorise the factory to resume operations and also exempt certain workers from working in the factory.</li> <li>• Applications for e-Curfew passes for transport of essential goods can be submitted <a href="#">here</a></li> </ul> Recommended to carry ID cards and invoice/waybill stating the origin, destination and items being moved for easy reference.
Ladakh	Click <a href="#">here</a> to apply for an e-pass
Madhya Pradesh	For obtaining e-pass for movement of vehicles, apply <a href="#">here</a>
Maharashtra	Apply on the following <a href="#">link</a> for e-pass <ol style="list-style-type: none"> <li>1. For the movement of employees in Maharashtra except Pune, apply <a href="#">here</a></li> <li>2. For the movement of employees in Pune, apply <a href="#">here</a></li> </ol>
Mizoram	To apply for e-passes, contact State Control Room (Toll free 1070, landline 0389-2335842/2335837 and mobile 9366331931).
Odisha	Apply for an e-pass <a href="#">here</a>

Source: Respective state government websites (where available), accessed on 20 April 2020



# Applying for a pass during lockdown (3/3)

State name	How to apply
Puducherry	Apply for e-pass <a href="#">here</a>
Punjab	e-Pass is being issued for those who are engaged in providing essential services like health, manufacturing, transport, storage, shops, banking, media persons. For e-passes, <a href="#">here</a> . You can also apply for an e-pass <a href="#">here</a>
Rajasthan	Apply for pass <a href="#">here</a>
Tamil Nadu	Apply for a curfew pass at <a href="#">here</a>
Telangana	<ol style="list-style-type: none"> <li>1. E-commerce (delivery) companies to obtain movement passes your essential staff and vehicles by sending an email to <a href="mailto:covid19hyd@gmail.com">covid19hyd@gmail.com</a>. All personnel working in factories can obtain passes from the local Police Commissioner's Office in the respective district</li> <li>2. Apply for an e-pass <a href="#">here</a></li> </ol>
Uttar Pradesh	To access pass in the State during lockdown an <a href="#">e-Pass management system</a> has been facilitated
Uttarakhand	You can also apply for an e-pass at <a href="#">here</a>
West Bengal	To access vehicle passes for delivery or pick up of essential commodities in the State during lockdown, click <a href="#">here</a>

Source: Respective state government websites (where available), accessed on 20 April 2020



# 06 References to relevant guidelines

# References to relevant central government guidelines\*

*Indicative and not exhaustive*

*\* Subject to availability on public domain*

## Ministry of Home Affairs (MHA), Government of India

- ❑ [MHA Order Dt. 20.5.2020 reg. amendment in the guidelines \(deletion of domestic air travel of passengers\)](#)
- ❑ [MHA DO Lr. Dt. 20.5.2020 to Chief Secretaries and Administrators reg. exemption for conduct of Board Examinations](#)
- ❑ [MHA Order Dt. 19.5.2020 reg. revised SoPs on movement of stranded workers by trains](#)
- ❑ [MHA Order Dt. 17.5.2020 on extension of lockdown till 31.5.2020 with guidelines on lockdown measures](#)
- ❑ [Clarification regarding Movement of Persons and Vehicles in Orange Zones, during Two Weeks Lockdown with effect from May 4, 2020](#)
- ❑ [MHA Order Dt. 1.5.2020 to extend Lockdown period for 2 weeks w.e.f. 4.5.2020 with new guidelines](#)
- ❑ [MHA Do Ltr Dt. 30.4.2020 to Chief Secretaries and Administrators to allow unhindered movement of trucks carrying goods](#)
- ❑ [MHA Order Dt. 29.4.2020 on movement of migrant workers, pilgrims, tourists, students and other persons](#)
- ❑ [MHA Order Dated 24.4.2020 on opening of shops](#)
- ❑ [DO Lr. Dt. 23.4.2020 to Chief Secretaries with clarification on misplaced apprehensions of Industry](#)
- ❑ [MHA Order Dt. 21.4.2020 on SOP for Indian Seafarers and inclusion of other items in Consolidated Revised Guidelines](#)
- ❑ [Letter dated 21.4.2020 to Chief Secretaries and Administrators clarifying some exemptions of specific services and activities](#)
- ❑ [Letter dated 19 April 2020 to Chief Secretaries and Administrators reg. exclusion of e-Commerce](#)
- ❑ [MHA Order dated 19.4.2020 with SOP for movement of stranded labour within the State and UT](#)

- ❑ [MHA Order Dated 16.4.2020 on Revised Consolidated Guidelines](#)
- ❑ [MHA order dt 15.04.2020, with Revised Consolidated Guidelines](#)
- ❑ [Consolidated Guidelines dated 14.04.2020 of MHA on Lockdown measures on containment of COVID-19](#)

## Ministry of Health and Family Welfare (MoHFW), Government of India

- ❑ [Updated Cluster Containment Plan for COVID-19, dated 16 May 2020](#)
- ❑ [Updated Containment Plan for Large Outbreaks of COVID-19, dated 16 May 2020](#)
- ❑ [Telesurvey to be conducted, general public requested to participate in good measure, dated 21 April 2020](#)
- ❑ [Updated Containment Plan for Large Outbreaks of COVID-19 dated 17.04.2020](#)
- ❑ [Guidelines on disinfection of common public places dated 29.3.2020](#)
- ❑ [Advisory on Social Distancing Measure in view of spread of COVID-19 disease dated 16 March 2020](#)

## Ministry of Civil Aviation

- ❑ [Guidelines for air passengers after recommencing of air travel from 25th May 2020](#)

## Supreme Court of India

- ❑ [Standard Operating Procedure for Ld. Advocate/Party-in person for Mentioning, e-Filing and Video Conferencing Hearing, dated 15 April 2020](#)

Note: These are links to external websites that will open in a new window

# References to relevant state government guidelines\*

*Indicative and not exhaustive*

*\* Subject to availability on public domain*

## Andhra Pradesh - [link](#)

- ❑ GO Rt. No. 88 dated 18-Apr-2020 issued by Industries and Commerce (P&I) Department

## Assam

- ❑ DO no. ASDMA/27/2020, dated 18-Apr-2020 by Chief Secretary, Government of Assam
- ❑ [22 April](#) , [23 April](#) , [24 April](#) , [3 May](#) , [18 May](#)

## Bihar

- ❑ Order no. – 4/PD-3-102/14 dated 17-Apr-2020 by Joint Secretary, General Administration Department, Government of Bihar
- ❑ No. - 2/M-24/2020- 473(2) dated 23-Apr-2020, by Health department, Government of Bihar
- ❑ No.-G/Disaster-06-02/2020-298 dated 03-May-2020, by Home Department, Government of Bihar
- ❑ Guidelines dated 18-May-2020, by Home Department, Government of Bihar

## Chandigarh - [link](#)

**Chhattisgarh** – [21 April](#) , [2 May](#) ,  
[3 May – Central Govt Order](#) , [3 May – Government offices](#) ,  
[17 May](#)

## Delhi - [link](#)

**Gujarat** – [17 April](#) , [23 April](#)

## Haryana - [link](#)

- ❑ Memo No. Admn III/Covid -19/2020/6222-A issued by Industries & Commerce Department, Government of Haryana, dated 19 April 2020

## Himachal Pradesh - [link](#)

**Karnataka** – [19 April](#) , [22 April](#) , [23 April \(i\)](#) , [23 April \(ii\)](#)  
[18 May](#)

## Kerala

- ❑ [Revised consolidated guidelines - Orders issued. - G.O.\(Ms\) No. 80-GAD, dated 23 April](#)
- ❑ [Exemption from Lock down from 20th April 2020 - Conditions - Standard Operating Procedure, dated 18 April 2020](#)
- ❑ [Covid-19-restrictions and actions-guidelines reg G.O\(Ms\)No.99-GAD](#)

## Ladakh - [link](#)

## Lakshadweep - [link](#)

## Maharashtra

- ❑ GO No.DMU/2020/CR.92/DisM -1 dated 17th April issued by Department of Revenue and Forest, Disaster Management, Relief and Rehabilitation Government of Maharashtra

**Mizoram** – [16 April](#) , [3 May](#) , [17 May](#)

**Odisha** – [17 April](#) , [3 May](#)

**Puducherry** - [23 Mar](#)

## Punjab - [link](#)

## Rajasthan – [link](#)

**Tamil Nadu** - [25 March](#) , [28 March](#) , [20 April](#) ,  
[22 April](#) , [23 April](#) , [Press release - 24 April](#) ,  
[Press release – 25 April](#) , [30 April](#) , [3 May](#) , [15 May](#)

## Telangana

- ❑ G.O.Ms.No.68 issued on 18 May 2020 by Chief Secretary to Government

**Uttar Pradesh** - [16 April](#) , [17 April](#) , [18 May](#)

## Uttarakhand

- ❑ Order no. – PS/51/C/2020/MSME issued by Chief Secretary, Government of Uttarakhand dated 17-Apr-2020

## West Bengal

[16 April – Sweetmeat shops](#) ,  
[16 April – shift system for medical persons](#) ,  
[17 April – IT, ITeS industry relaxation](#) ,  
[17 April – Jute industry](#) ,  
[21 April – eAuction of Tea](#) ,  
[21 April – extension of insurance](#) ,  
[21 April – inclusion of accredited journalists](#)  
[4 May – activities allowed outside containment zone](#)  
[18 May](#)

# Protect yourself and others!

Source:

1. Advisory on Social Distancing Measure in view of spread of COVID-19 disease, Ministry of Health and Family Welfare (MoHFW), 16 March 2020
2. 'PM advises citizens to avoid 'panic buying'; assures availability of essentials, Press Information Bureau (PIB), 19 March 2020
3. Order no: DHFW /COVID-19/2019-20/, Directorate Of Health And Family Welfare Nagaland, Government of Nagaland, 21 March 2020
4. Health Advisory for Elderly Population of India during COVID19, Ministry of Health and Family Welfare (MoHFW), 29 March 2020
5. Ministry of Home Affairs (MHA) Order No. 40-3/2020-DM-I (A) dated 15th April 2020, accessed on 17 April 2020
6. Protective measures issued by MoHFW, accessed on 20 April 2020

Social distancing is a crucial step in preventing and containing the spread of COVID-19. While several relaxations have been extended by the government, it is important to continue to follow the **social distancing guidelines and practice good hygiene**.

## General best practices to follow

*Indicative and not exhaustive*



Maintain distance of atleast one meter between you and others outside your family unit



Cough/sneeze into flexed elbow or use a handkerchief/paper tissue to cover mouth and nose. Dispose tissue and wash hands



Disinfect often used surfaces and items



Wash hands with soap and water regularly. If soap and water are unavailable, use hand sanitizer with atleast 60 per cent alcohol for 20 seconds



Wear face cover/mask in all public places, workplaces



Senior citizens, children and persons with underlying conditions to remain at home



Avoid touching your face, mouth, nose and eyes



Avoid non-essential travel



Do not spit in public spaces



Do not stigmatise and discriminate against suspected COVID-19 case



Do not congregate in groups of five or more



Avoid shaking hands and hugging as a matter of greeting



Avoid spreading rumours/unverified information



Do not go to hospitals except for emergencies



Avoid 'panic buying'/do not hoard



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## KPMG in India contact:

### **Satya Easwaran**

Partner and Head - Markets

**T:** +91 22 3989 6000

**E:** seaswaran@kpmg.com

### **Nilachal Mishra**

Partner and Head – Government Advisory  
Infrastructure, Government and Healthcare

**T:** +91 124 669 1000

**E:** nilachalmishra@kpmg.com

### **For more, write to:**

KPMG India Markets Enablement

**E:** indiamarkets@kpmg.com

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